

## A1SH1

### CAREER PSYCHO TURNING PT

Pre-question: The following questions are about what we call "psychological turning points." Psychological turning points are major changes in the ways people feel or think about an important part of their lives, such as work, family, and beliefs about themselves and about the world. Turning point involve people changing their feelings about how important or meaningful some aspect of life is or how much commitment they give it.

Question: In the past 12 months, did you have a psychological turning point that involved your job or career? This could be an experience like increasing the amount of effort you put into your job or career, cutting back on your job to spend more time with your family, deciding to change careers, now or in the future, or leaving your job to do something different.

Value	Label	Frequency
1	YES	1734
2	NO	3850
7	DONT KNOW	0
8	REFUSED/MISSING	741
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5584	1524	1	2

## A1SH2

### UPSET FOR FRIEND PSYCHO TURNING PT

Pre-question: Another kind of psychological turning point involves learning something new and very important about a person close to you. What these turning points have in common is the REALIZATION that this person is NOT THE PERSON YOU THOUGHT THEY WERE, either for the better or for the worse. This could be things like someone close to you making a major change for the better, finding out that he or she is doing something you disapprove of strongly, or learning that he or she is a stronger person than you thought.

Question: First, in the past 12 months, have you had a psychological turning point like this where you learned something very UPSETTING about a close friend or relative?

Value	Label	Frequency
1	YES	1098
2	NO	4495
7	DONT KNOW	0
8	REFUSED/MISSING	732
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5593	1515	1	2

## A1SH3

HAPPY FOR FRIEND PSYCHO TURNING PT

Question: Second, what about the opposite situation: in the past 12 months, did you discover that a close friend or relative was a much BETTER person than you thought they were?

Value	Label	Frequency
1	YES	713
2	NO	4887
7	DONT KNOW	0
8	REFUSED/MISSING	725
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5600	1508	1	2

## A1SH4

UPSET FOR SELF PSYCHO TURNING PT

Sometimes things happen that force people to learn UPSETTING things about THEMSELVES. This can lead to a big change in your feelings about who you are, what you stand for, and what your life is all about. Did you have a major psychological turning point like this in the past 12 months?

Value	Label	Frequency
1	YES	778
2	NO	4806
7	DONT KNOW	0
8	REFUSED/MISSING	741
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5584	1524	1	2

## A1SH5

HAPPY FOR SELF PSYCHO TURNING PT

What about the opposite situation: discovering important GOOD things about yourself that changed your view of who you are, what you stand for, or how you should lead your life? Did you have a major psychological turning point like this in the past 12 months?

Value	Label	Frequency
1	YES	930
2	NO	4577
7	DONT KNOW	0
8	REFUSED/MISSING	818
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5507	1601	1	2

## A1SH6

### FULFILL DREAM

Question: Most people have dreams for their future. Sometimes they're realistic, sometimes not, but often they are important. During the past 12 months, were you able to fulfill a SPECIAL DREAM?

Value	Label	Frequency
1	YES	1308
2	NO	4249
7	DONT KNOW	0
8	REFUSED/MISSING	768
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5557	1551	1	2

## A1SH7

### GIVE UP DREAM

Question: During the past 12 months, did you give up for good on fulfilling one of your dreams?

Value	Label	Frequency
1	YES	414
2	NO	4612
7	DONT KNOW	0
8	REFUSED/MISSING	1299
9	INAPP	0

Range of valid values: 1 - 2

Valid	Invalid	Min	Max
5026	2082	1	2